



FSA – Keeping You Safe

How to Prevent Drug-Facilitated Sexual Assault

As another college semester comes to an end, parents and young adults alike should know the latest tips to prevent sexual assault. One in five college-aged females are affected by sexual assault, and in the summer, rape and sexual assault rates are about 10% higher ([U.S. DOJ](#)). By educating yourself on drug facilitated sexual assault, you can avoid becoming a victim. Alcohol is the most used drug to inhibit a person's ability to control their actions. We recommend parents have a conversation with their children so they might prevent this situation and remind them that sexual assault is never the victim's fault.

We also encourage you to follow these tips from [USA Today: 5 facts to know for Alcohol Awareness Month](#)

- Do not take drinks from people you don't know or from a container you did not open yourself. Do not share or exchange drinks. Insist on watching the drink that is being poured.
- Do not ever leave your drink unattended. If you realize your drink may have been tampered with, discard it immediately.
- If you notice your drink has an unusual appearance, taste, or texture, immediately discard the drink.
- Watch out for your friends, and always arrive as well as leave together. If a friend seems to be acting out of character, get them to a safe place immediately.
- If you think that you or a friend may have been drugged or sexually assaulted the morning after, get medical help immediately. Be specific with the doctors so they may provide the best care.
- Sexual assault can have psychological, emotional, and physical effects on a survivor; these effects are not always easy to deal with, but they can be managed with the right help and support. Learning more can help you find the best form of care to start the healing process.

For more tips, please visit the [Florida Sheriffs Association's Crime Prevention Tips](#).